

Treatment Menu

The Little Retreat Beauty Salon 107 Station Road, Hadfield, Derbyshire, SK13 1AA

Telephone: 01457 866880 / 07931 996392 www.thelittleretreatbeauty.co.uk



Nails

Hard Gel/Acrylic Nail Extensions

Tip & overlay with natural finish	£34
Sculptured nails with natural finish	£38
Pink & white with natural finish	£36
Acrylic nail extensions with gel polish finish	£40

Overlays on Natural Nails

Acrylic, hard gel, biab with gel polish finish	£35
Extension removal and new set with gel polish finish	£45
Gel removal and new set hands or toes	£25

Maintenance

All Infills	from £25
All Infills with gel polish finish	from £32
Extension removal and tidy	from £22
Repairs	from £5
Nail art design	from £15
Add gel varnish/glitter/nail art finish to all services	from £8
Hard gel removal/Biab	£18.50
Gel removal	£10

Manicures

Toe nail reconstruction

Regular with varnish	£22
Deluxe with varnish (heated mitts)	£25
Paraffin wax with varnish	£28
No varnish manicure	£18
Regular manicure including gel polish finish	£28
Express manicure	£20
1BX Manicure	£30
1BX treatment	£8.50
Pedicures	
Regular with varnish	£24
Deluxe with varnish (heated boots)	£28
Paraffin wax with varnish	£32
No varnish pedicure	£18
Regular pedicure with gel polish finish	£30
Express pedicure	£20
Hands & Feet	
Caci rejuvenation hand treatment	£28
Gel application, hands or toes	£24
Gel removal, hands or toes	£10
File & polish (with varnish)	£15
Child varnish hands or toes	£12
Medik8 hand & foot rejuvenation	£28
Foot Health Practitioner services	
FHP consultation treatment	£25
FHP M.O.T	£38
Medi-pedi	£48
	4 610

from £10



Lashes & Brows

£10
£12
£22
£28
£55
from £23
£40
£38
£12
£28
£53

All tinting, lifts & extensions require a patch test 48 hr's prior to treatments



Waxing

Eyebrow shape	£11
Upper lip/chin	£9
Upper lip & eyebrow	£18
Upper lip, & chin	£16
Eyebrow, lip & chin	£25
Face wax	£26
Underarm wax	£12
Forearm wax	£16
Bikini	£13.50
Brazilian wax	£22
Hollywood	£26.50
Full leg wax	£28
Full leg with bikini	£39
Half leg wax	£19.50
Half leg & bikini	£30
Gender neutral intimate waxing (price per 1 area)	from £30
Chest/back	£22.50
Ear/nose	£11
Waxing packages available	from £60
Extra area wax (anywhere not stated above)	from £5

Massage

Body Massage	
Full body Back, neck & shoulder	£39 £29
Hot Stone Body Massage	
Full body Back, neck & shoulder	£49 £39
Targeted Massage	
Advanced massage consultation (redeemable against	£15
treatment) Lower back/Neck & Shoulder release	£50
Prescriptive advanced massage	£55
Deep tissue massage	£45
Pregnancy massage (30 mins)	£36
Pregnancy massage (60 mins)	£50
Holistic Treatments	
Indian head massage	£34
Hopi ear candling	£28
Body Treatments	
Purifying back ritual	£38
Skin rejuvenating ritual	£50
Electro cellulite massage	£40

Body treatments continued...

Your Time Package	£60
30 minute massage and 30 minute facial	
ME TIME Pamper package	£75
A package of indulgence. Facial, back, neck & shoulder massage, hand & feet treatments, to include varnish if required.	
ME TIME Face & Body	£90
A package of an exclusive prescriptive facial treatment & luxurious full body hot stone massage.	а
Express Pick Me Up	£30
Cleanse, tone, exfoliation, mask & moisturise.	
Microdermabrasion	£28.50
For courses we recommend one per week for best results. course of 5 £140 / course of 10 £280	
Medik8 Facials	from £52
Platinum facial Glowing facial	
Deep hydration facial	
Calming facial Pore refining facial	
Eye reveal	£40
Peels including post care products	£75

All treatments include a full consultation to ensure your specific needs are catered for.

12 weeks to wow includes pre & post care products

from £60

£450

Skin peels



CACI Non Surgical Facelift

Signature Ultra face lift	£46
Ultra non surgical facial toning	£56
Bespoke CACI	£46
Hydratone facial	£28
Ultra skin radiance	£35
Ultra anti ageing facial	£78
Skin calm	£35
Skin confidence	£35
Wrinkle revolution	£35
Lip booster	£26
Jowl lift Ultra	£26
Jowl lift Synergy	£35
Eye revive Ultra	£40
Eye revive Synergy	£45
Synergy Signature facial	£58
Synergy Advanced facial	£76
Micro touch facial	£45
Synergy Microdermabrasion	£35





Nuderm 6 Treatments in 1

Bespoke ultimate facial	£55
Micro-current/ non surgical	£46
Lunch time lift	£30
Micro dermabrasion	£29
Ultra sound facial	£29
L.E.D. light therapy	£29

All treatments include thermotherapy and cryotherapy

Add one either L.E.D. or ultrasound into any treatments for just £20

Courses available for all treatments listed.



Electrolysis

Permanent hair removal

15 minutes	£19
30 minutes	£29
Course of 10 (30 minutes)	£280

Semi permanent makeup

Consultation	£75
(redeemable against your treatment)	
Eyebrows/Eyeliner/Lip Colour	£350
Maintenance	Quoted
Colour boost	Quoted
Top up	Quoted

Bespoke packages also available on consultation.



Non surgical face treatment courses

Synergy course including homecare products

£140 - £750

Courses available for all treatments listed, on request.

For additional information on all services visit our website for full details.

01457 866880 / 07931 996392

www.thelittleretreatbeauty.co.uk Email: tarnia@thelittleretreatbeauty.co.uk



